

BIO MATRIX SCAN

Health Wellness Tracker

Presented by

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Bio-resonance

Wellness Tracker

The Bio Matrix Scan takes the mystery out of health tracking by providing instant, science-backed insights into your body's energy levels, stress response, immune function, and cognitive balance—all in just a few minutes.

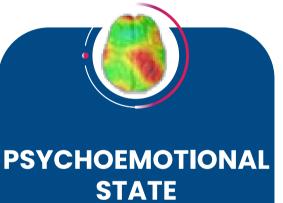




REGULATION



NEUROHUMORAL REGULATION











HEART RATE VARIABILITY INDICES

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Reliability of scanning

*Keep at 90% or above



Harmonization level of each feature

A: ADAPTATION (Fractal Analysis)

 Biorhythm Harmonization: Aligns physiological cycles for optimal well-being.

B: VEGETATIVE REGULATION

• Balance Between Physical & Nervous Systems: Harmonizes the autonomic nervous system, including sympathetic and parasympathetic responses.

C: NEUROHUMORAL REGULATION

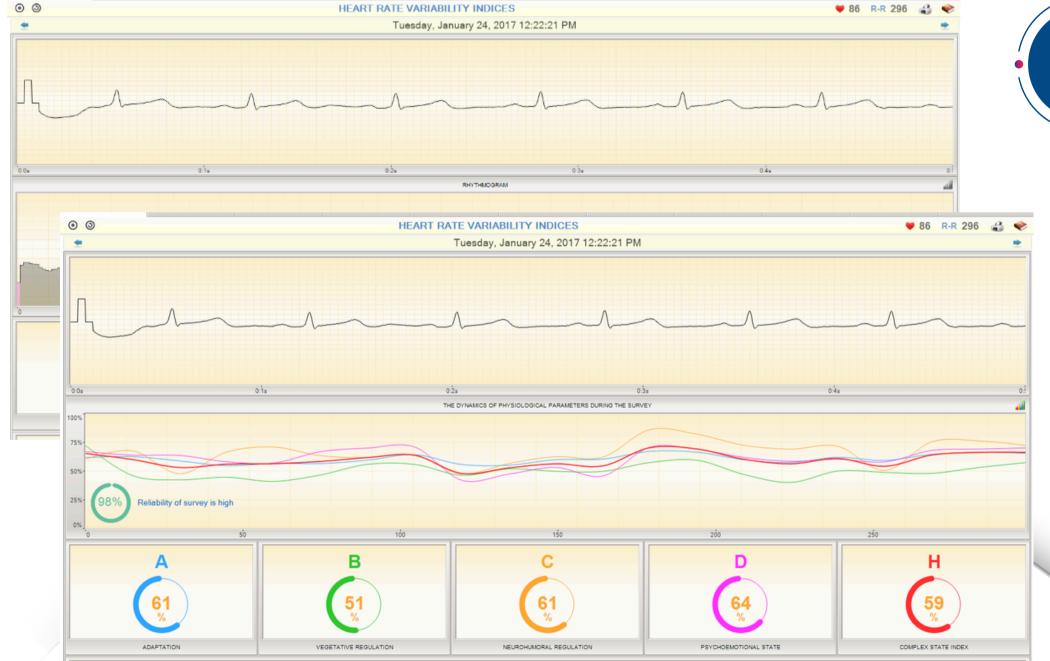
• Nervous System & Hormonal Interaction: Supports equilibrium between neural signals and hormonal secretions for overall health.

D: PSYCHOEMOTIONAL STATE

• Emotional Stability & Balance: Enhances resilience, mood regulation, and emotional well-being.

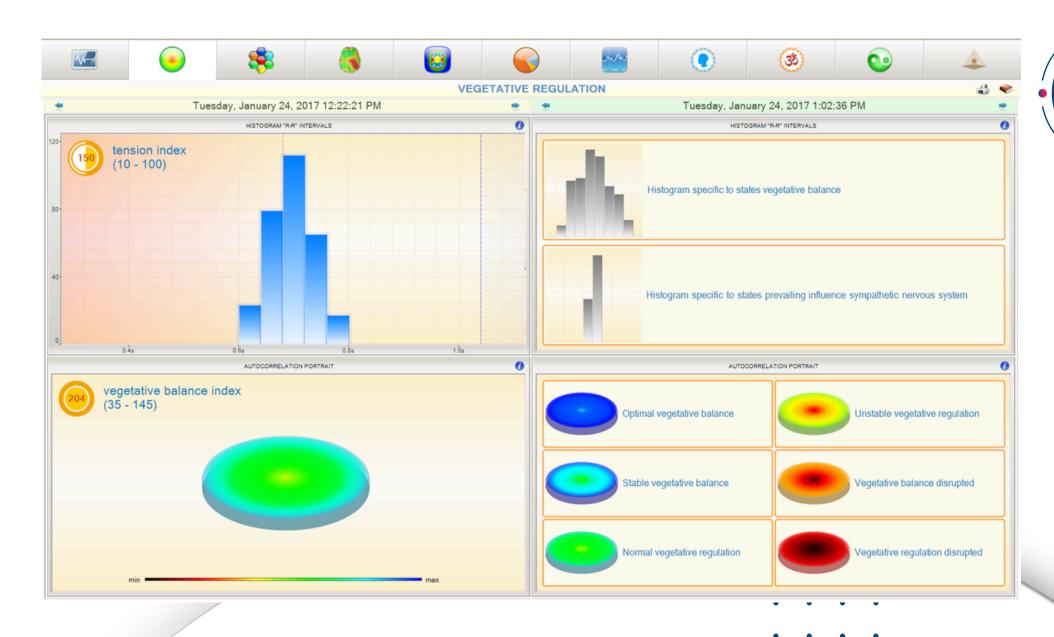
H: OVERALL COMPLEX

• Comprehensive Optimization: Integrates all features to promote holistic physiological and emotional harmony.





VEGETATIVE REGULATION



• Sympathetic nervous system (SNS), which is part of the autonomic nervous system. It plays a crucial role in the body's "fight or flight" response, preparing the body to react to stress or danger by increasing heart rate, dilating pupils, redirecting blood to muscles, and releasing adrenaline.



- Value Range: 10 100 (Ideal Range)
- Histogram "R-R" Intervals
 - Balanced HRV: A normal bell curve with a broad range suggests good adaptability.
 - Narrow or irregular peaks: Indicates autonomic imbalance, often linked to stress or poor cardiovascular regulation.

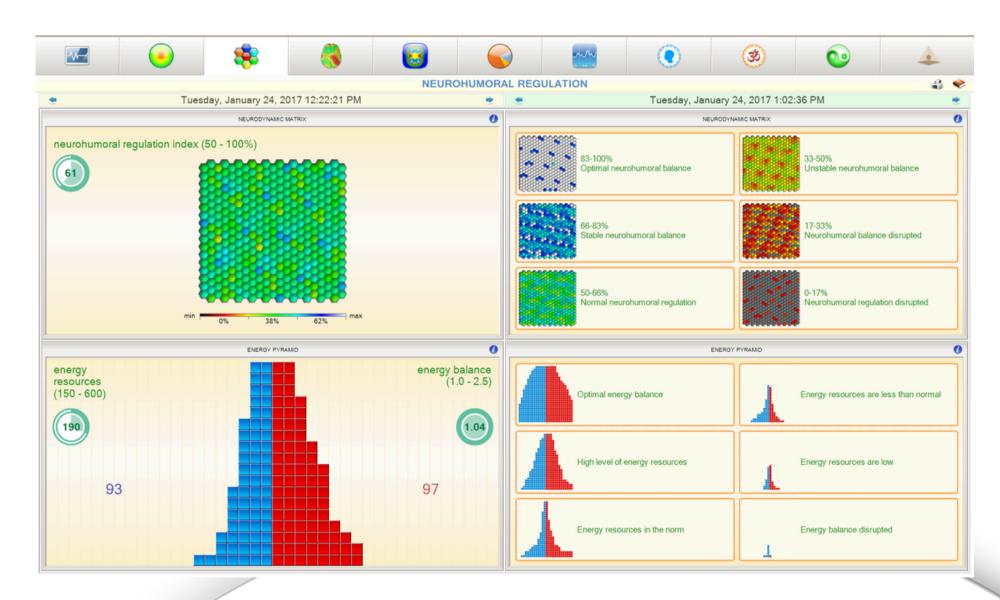


Vegetative Balance Index

- Value Range: 35 145 (Ideal Range)
- Too High (Above 145) → Overactive Autonomic Response / Sympathetic Dominance
 - Your nervous system is in a heightened stress mode (fight-or-flight).
 - Increased heart rate variability (HRV) instability, leading to tension, anxiety, or restlessness.
 - Potential symptoms: insomnia, fast heart rate, headaches, digestive issues, and emotional overwhelm.
- Too Low (Below 35) → Underactive Autonomic Response / Parasympathetic Dominance
 - Your body is in a low-energy state, possibly struggling with recovery or motivation.
 - Symptoms: fatigue, slow reactions, brain fog, low blood pressure, and weakness.



Neurohumoral Regulation







- Value Range: 50 100 (Ideal Range)
 - A higher percentage (above 83%) indicates an optimal balance.
 - A lower percentage (below 50%) suggests possible dysregulation, meaning the body struggles to regulate stress, metabolism, or energy properly.

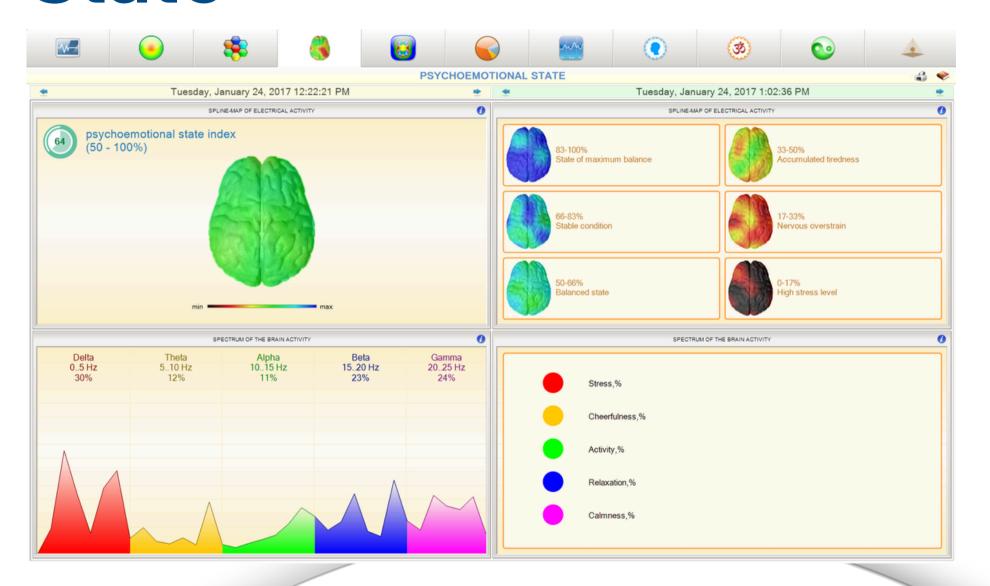


Energy Pyramid

- Left Side (Blue): Represents how the body spends energy.
- Right Side (Red): Represents how the body generates energy.
- Energy Resources (150 600 Ideal Range)
 - Represents preserved energy (body's available reserves).
 - Higher values = Strong vitality & adaptability.
 - Lower values = Fatigue, burnout, or nutrient deficiencies.
- Energy Balance (1.0 2.5 Ideal Range)
 - 1.5 2.5: Optimal Balanced energy use and recovery.
 - 1.0 1.5: Low Energy is used faster than replenished.
 - Below 1.0: Very Low Energy depletion, possible burnout or chronic fatigue.



Psychoemotional State





- Value Range: 50 100 (Ideal Range)
- A higher score (above 83%) indicates maximum balance and well-being.
- A lower score (below 50%) suggests emotional fatigue, nervous strain, or high stress.

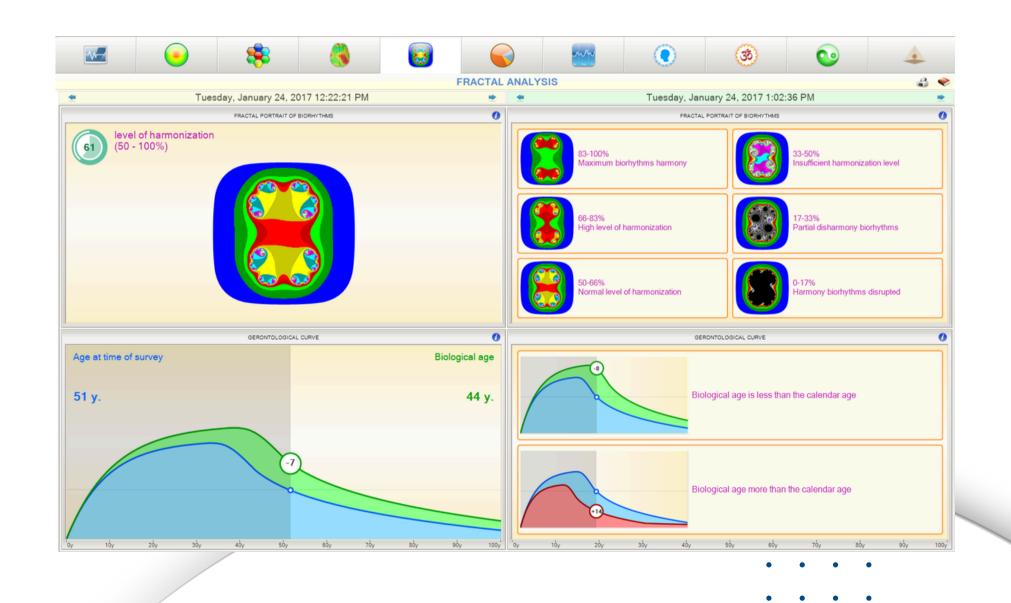


Spectrum of Brain Activity

- Gamma (30–100 Hz) Peak Focus & Higher Consciousness
 - Enhances perception, problem-solving, and deep meditation.
 - Boosts cognitive function, memory, and intuition.
- Beta (12–30 Hz) Active Thinking & Alertness
 - Supports focus, logical thinking, and problem-solving.
 - Excessive beta may lead to stress and anxiety.
- Alpha (8–12 Hz) Relaxation & Creativity
 - Promotes calm awareness, creativity, and stress relief.
 - Bridges conscious and subconscious thought.
- Theta (4–8 Hz) Deep Relaxation & Subconscious Access
 - Found in meditation, hypnosis, and early sleep.
 - Enhances intuition, emotional healing, and creativity.
- Delta (0.5–4 Hz) Deep Sleep & Regeneration
 - Supports healing, cellular repair, and hormone release.
 - Vital for deep rest and physical recovery.



Level of Harmonization Adaption





Fractal Image & Score

- Value Range: 50 100 (Ideal Range)
- A higher score (above 83%) indicates optimal biological rhythm synchronization.
- A lower score (below 50%) suggests stress, imbalances, or poor adaptability.

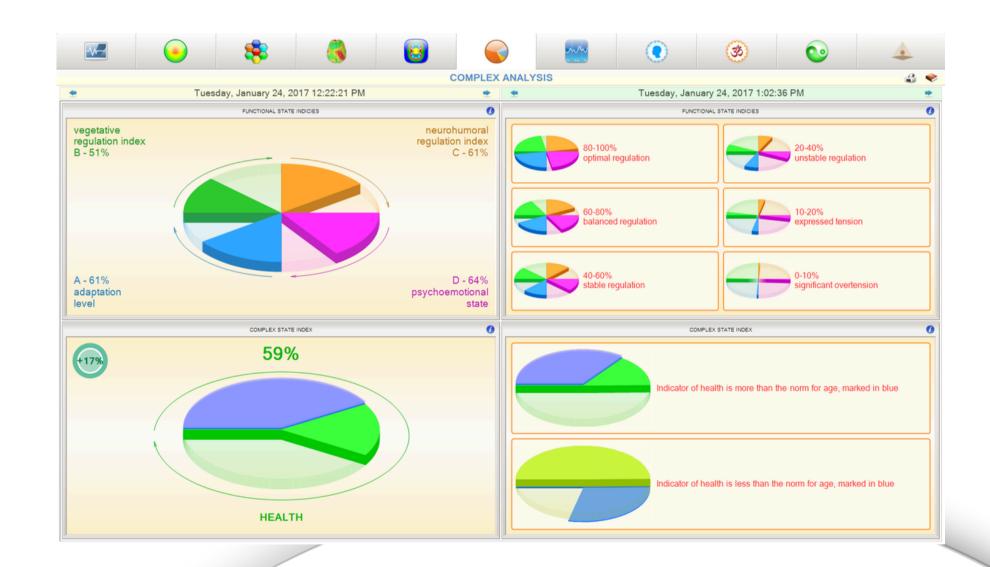


Biological Age vs. Calendar Age

- Biological age reflects your body's functional health compared to your actual age.
- A lower biological age than calendar age suggests good health and longevity.
- A higher biological age may indicate stress, poor lifestyle habits, or health concerns.



Complex Analysis Report







- Vegetative Regulation Index (B)
 - Measures autonomic nervous system balance.
- Neurohumoral Regulation Index (C)
 - Reflects nervous system and hormonal interaction.
- Psychoemotional State (D)
 - Indicates emotional stability and stress adaptation.
- Adaptation Level (A)
 - Shows the body's ability to adjust to external stressors.

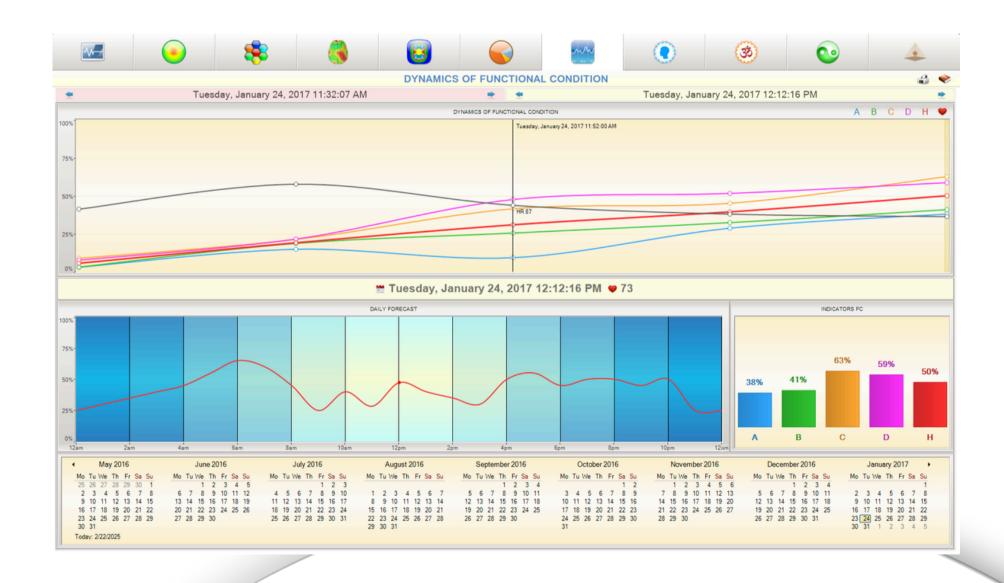


Complex State Index

- Indicates overall health resilience and recovery ability.
- A higher percentage suggests better stability and energy reserves.
- Pie Chart Interpretation:
 - Green over Blue → Above average health (positive).
 - Blue over Green → Below average health, possible imbalances.



Dynamics of Functional Condition Report







Functional Condition Dynamics

- Tracks different health parameters (A, B, C, D, H) over time.
- Higher trends indicate improvement in regulation, while declining trends suggest imbalance or stress accumulation.

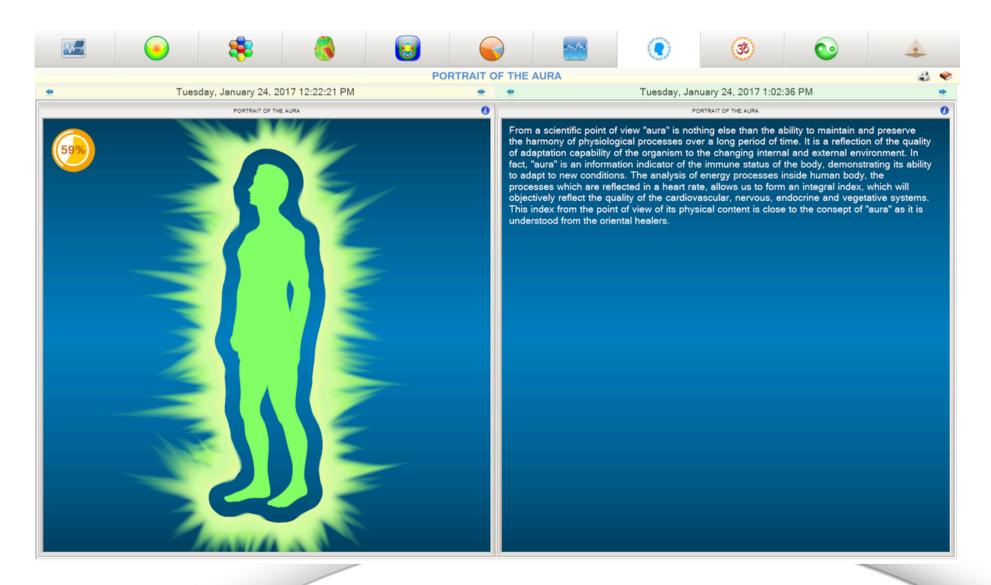


Daily Forecast

- Displays fluctuations in functional condition throughout the day.
- Red Line represents overall energy or stress trends.
 - Stable wave pattern → Balanced energy and recovery.
 - Sharp peaks and drops → Stress fluctuations, possible overexertion.
 - Low flat line → Energy depletion or reduced adaptability.
- Morning Rise → Indicates wake-up time.
- Evening/Night Decline → Suggests optimal sleep time for recovery.



Aura Portrait Report











- Reflects the body's ability to maintain energy stability and adapt to external conditions.
- A higher score (above 80%) indicates strong energy balance and resilience.
- A lower score (below 50%) suggests weakened energy, stress, or reduced adaptability.



Aura Image

- Bright, even aura → Strong energy field, good health resilience.
- Uneven or faded aura → Energy imbalances, possible stress or fatigue.
- Dark or weak aura → Low energy reserves, potential exhaustion or illness.
- Leaking aura in specific areas → Indicates energy loss or blockages.
 - Use Violet Shield to seal the affected area
 - 7Chakra Activator to restore energy flow in the energetic channels.
 - Mandala Breeze as personal harmonization.

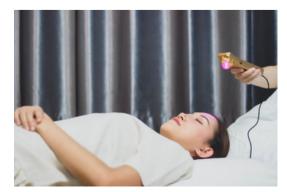


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Chakras Activity Map Report











Chakra Energy Levels

- Crown Chakra (Purple)
 - Spiritual connection, higher consciousness
- Third Eye Chakra (Indigo)
 - Intuition, clarity, perception
- Throat Chakra (Blue)
 - Communication, self-expression, truth
- Heart Chakra (Green)
 - Love, compassion, emotional balance
- Solar Plexus Chakra (Yellow)
 - Confidence, personal power, digestion
- Sacral Chakra (Orange)
 - Creativity, emotional expression, pleasure, and relationships
- Root Chakra (Red)
 - Grounding, stability, survival instincts
- Balanced chakras (60-80%) support well-being.
- Underactive chakras (below 50%) may indicate blockages or imbalances.
 - → Apply 7Chakra Activator, Mandala Wand, or Astral Star for 5-10 minutes to the specific chakra energy channel to boost and cleanse energy flow.



Meridian Chart Report











Meridian Energy Levels

- Each meridian represents an organ system, with energy levels displayed as percentages.
- Balanced range (60-80%) indicates proper function.
- Low values (below 50%) suggest blockages or weakness.
- High values (above 80%) may indicate excess energy or overactivity.
- How to Interpret:
 - Above 80% → Overactive meridian, possible excess energy or stress.
 - 60-80% → Balanced and functioning well.
 - 50-60% → Slight imbalance, needs attention.
 - Below 50% → Underactive meridian, possible blockages or weakness.



Red & Blue Bars

- The red bars represent active (hot, Yang) energy, associated with stimulation and overactivity.
- The blue bars represent calm (cold, Yin) energy, linked to stagnation or weakness.
- Balance between red and blue is ideal—excess red suggests overactivity, while excess blue indicates sluggishness.



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Meridian Chart Report







 Each meridian is associated with a specific organ system and its peak activity time in Traditional Chinese Medicine (TCM)

| Meridian | Organ System | Peak Activity Time |
|----------|---------------------------------------|--------------------|
| GB | Gallbladder | 11 PM - 1 AM |
| LR | Liver | 1 AM - 3 AM |
| LU | Lungs | 3 AM - 5 AM |
| LI | Large Intestine | 5 AM - 7 AM |
| ST | Stomach | 7 AM - 9 AM |
| SP | Spleen & Pancreas | 9 AM - 11 AM |
| HT | Heart | 11 AM - 1 PM |
| SI | Small Intestine | 1 PM - 3 PM |
| BL | Bladder | 3 PM - 5 PM |
| KD | Kidney | 5 PM - 7 PM |
| PC | Pericardium | 7 PM - 9 PM |
| TE | Triple Heater (Energy Circulation) | 9 PM - 11 PM |

